# Delving into the Collection of Essays: Picking the Drummer's Mind

The Collection of Essays: Picking the Drummer's Mind is a comprehensive and insightful exploration of the art and science of drumming. Written by a team of experienced drummers, educators, and music theorists, the book covers a wide range of topics, from basic drumming techniques to advanced rhythmic concepts.

The book is divided into three parts. Part I, "The Foundations of Drumming," provides a solid foundation in the essential elements of drumming, including grip, posture, and rudiments. Part II, "Exploring Rhythmic Concepts," delves into the more complex aspects of rhythm, such as polyrhythms, odd time signatures, and metric modulations. Part III, "Drumming in Different Styles," examines the unique drumming styles of various musical genres, including jazz, rock, and world music.



#### PLAY AS YOU ARE: A Collection Of Essays - Picking A

Drummer's Mind by George Beck-Millan

★ ★ ★ ★ ★ 4.9 c	Dι	it of 5
Language	:	English
File size	:	1667 KB
Text-to-Speech	:	Enabled
Screen Reader	:	Supported
Enhanced typesetting	:	Enabled
Word Wise	:	Enabled
Print length	:	65 pages
Lending	:	Enabled

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The Collection of Essays: Picking the Drummer's Mind is an essential resource for any drummer who wants to improve their skills and knowledge. The book is packed with practical tips, exercises, and musical examples that can help drummers of all levels learn and grow.

#### Part I: The Foundations of Drumming

The first part of the book, "The Foundations of Drumming," covers the essential elements of drumming, including:

- Grip: The way you hold the drumsticks is the foundation of your drumming technique. The book discusses different grip styles and helps you find the one that is most comfortable and efficient for you.
- Posture: Good posture is essential for drumming well. The book provides tips on how to sit and stand correctly at the drum set so that you can play for long periods of time without getting tired or injured.
- Rudiments: Rudiments are the basic building blocks of drumming. The book teaches you how to play the most common rudiments and how to use them to create your own rhythms.

### Part II: Exploring Rhythmic Concepts

The second part of the book, "Exploring Rhythmic Concepts," delves into the more complex aspects of rhythm, such as:

 Polyrhythms: Polyrhythms are rhythms that use two or more different time signatures at the same time. The book teaches you how to play polyrhythms and how to use them to create interesting and complex rhythms.

- Odd time signatures: Odd time signatures are time signatures that don't use the standard 4/4 or 3/4 time. The book teaches you how to play in odd time signatures and how to use them to create unique and challenging rhythms.
- Metric modulations: Metric modulations are changes in time signature that occur during a song. The book teaches you how to play metric modulations and how to use them to create tension and release in your music.

### Part III: Drumming in Different Styles

The third part of the book, "Drumming in Different Styles," examines the unique drumming styles of various musical genres, including:

- Jazz drumming: Jazz drumming is a complex and improvisational style of drumming that requires a deep understanding of rhythm and harmony. The book teaches you the basic techniques of jazz drumming and how to use them to create your own unique sound.
- Rock drumming: Rock drumming is a powerful and energetic style of drumming that is often used in rock, metal, and pop music. The book teaches you the basic techniques of rock drumming and how to use them to create your own signature sound.
- World music drumming: World music drumming refers to the drumming styles of different cultures around the world. The book introduces you to the basic drumming styles of several different world music genres, including Afro-Cuban, Brazilian, and Indian.

The Collection of Essays: Picking the Drummer's Mind is an essential resource for any drummer who wants to improve their skills and knowledge.

The book is packed with practical tips, exercises, and musical examples that can help drummers of all levels learn and grow.

Whether you're a beginner who is just starting out or an experienced drummer who wants to take your playing to the next level, The Collection of Essays: Picking the Drummer's Mind is a must-read book.

### About the Authors

The Collection of Essays: Picking the Drummer's Mind was written by a team of experienced drummers, educators, and music theorists, including:

- David Garibaldi is a world-renowned drummer who has played with Tower of Power, Santana, and John McLaughlin.
- **Steve Smith** is a Grammy-winning drummer who has played with Journey, Vital Information, and Steps Ahead.
- Dave Weckl is a renowned jazz drummer who has played with Chick Corea, Pat Metheny, and Michel Camilo.
- Peter Erskine is a Grammy-winning drummer who has played with Weather Report, Pat Metheny, and John Scofield.
- Jim Chapin is a respected drum educator who has written several books on drumming.

### **Additional Resources**

- Drummers World
- Modern Drummer
- Vic Firth

- Zildjian
- Yamaha

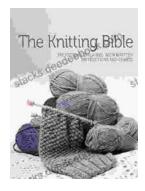


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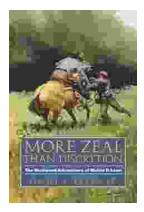
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